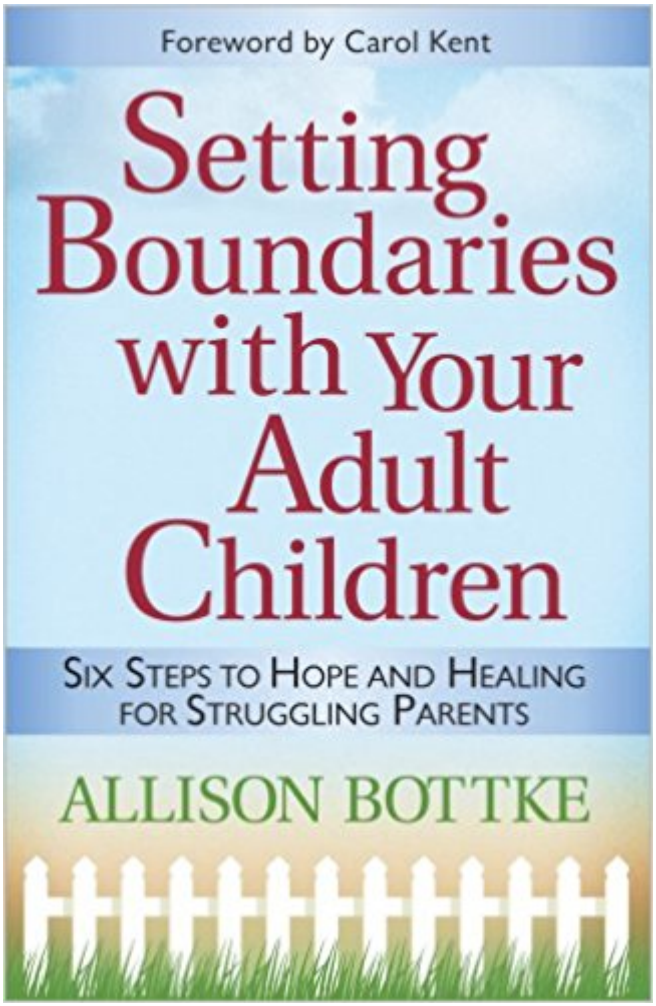
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Setting BoundariesÃ‚Â® With Your Adult Children: Six Steps To Hope And Healing For Struggling Parents



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Synopsis

This important and compassionate new book from the creator of the successful God Allows U-Turns series will help parents and grandparents of the many adult children who continue to make life painful for their loved ones.Writing from firsthand experience, Allison identifies the lies that kept her, and ultimately her son in bondageÃ¢â ¬â ¢and how she overcame them. Additional real life stories from other parents are woven through the text.A toughÃ¢â ¬â œlove book to help readers cope with dysfunctional adult children, Setting BoundariesÃ Â® with Your Adult Children will empower families by offering hope and healing through S.A.N.I.T.Y.Ã¢â ¬â ¢a sixÃ¢â ¬â œstep program to help parents regain control in their homes and in their lives.S = STOP Enabling, STOP Blaming Yourself, and STOP the Flow of MoneyA = Assemble a Support GroupN = Nip Excuses in the BudI = Implement Rules/BoundariesT = Trust Your InstinctsY = Yield Everything to GodForeword by Carol Kent (When I Lay My Isaac Down)

Book Information

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Customer Reviews

"If you've experienced the sweet relief of sudden shade after foolishly attempting to cross scorching hot pavement barefoot, expect the same sweet emotional comfort from Bottke's book." Ã¢â ¬â •Marion Bond West, author of Praying for My Life"Setting Boundaries with Your Adult Children is packed full of practical, useable, workable ideas and is a welcome tool for parents of grown children, and parents in pain. I know many families will be helped, and many parents will feel like their sanity and their life has been given back to them." Ã¢â ¬â •Pam Farrel, bestselling author of Men Are Like WafflesÃ¢â ¬â •Women Are Like Spaghetti and The 10 Best Decisions Every

Parent Can Make

Allison Bottke is the award-winning author of the acclaimed Setting BoundariesÃ Â® series, which includes Setting Boundaries with Your Adult Children, Setting Boundaries with Your Aging Parents, Setting Boundaries with Difficult People, Setting Boundaries with Food, Setting Boundaries for Women, and The Young WomenÃ¢â ¬â„¢s Guide to Setting Boundaries. She is the founder of the SANITY Support Group, an outreach based on the Setting BoundariesÃ Â® series (more than 150,000 sold). Her other books include the God Answers Prayers series, and she is the founder and general editor of more than a dozen volumes in the popular God Allows U-TurnsÃ Â® anthology. She has written or edited more than 30 nonfiction and fiction books, and is a frequent guest on national radio and TV programs. Allison lives in the Dallas/Fort Worth area.www.settingboundariesbooks.comAwardsWinner of the Selah Award for Best Book of the Year for Setting Boundaries with Food in 2013

i could not put this book down, loaded with alot of wisdom i so desperately need

I have given away many many copies of this book. I have led classes using this book. It is a great resource for parents who need to setboundaries with their adult children. For those who are enabling their adult children, please get a copy of this book right away. You'll be gladyou did.

This book was just what I needed to read. It is powerful and informative for parents going through current or ongoing difficulties with their adult children.

I found this book to be a very positive guide in addressing how we got to this level of disfunction and a roadmap out of it.

Very helpful

Excellent read.

This book was helpful and informative for parents struggling with adult children who are in constant need of 'Rescue'. It helps us to understand that it is not healthy for us or the adult child to do for them what they should do for themselves..

Well, although I've only read a few chapters so far. I'm not sure this was what I was looking for. Don't get me wrong it's a good book and after I'm done reading it I have a friend who this book is perfect for. I think its spot on for dealing with certain situations /problems. Like i said i have not read the whole book and that's why I gave it 4 stars.

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